

Read all of the instructions to prepare and connect to your Virtual Visit using your computer.



If you have not tested your computer, you must complete that step before proceeding. Follow the steps on the Quick Reference Guide **Zoom for Healthcare - Test Your Computer**. <https://mbtelehealth.ca/for-patients/>

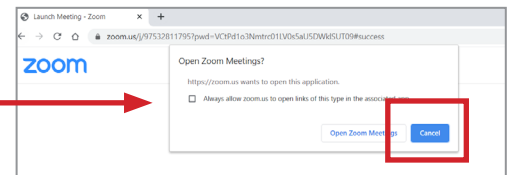
Once your computer test is successful, review the following steps and make sure you connect at least 15 minutes before the start time on the day of your visit.



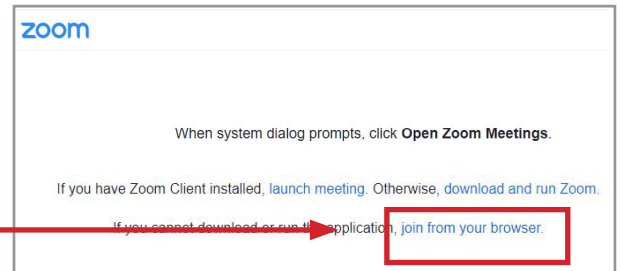
- You must use **Google Chrome** in order to connect from your computer.
- Please contact your clinic directly if you require any assistance.

**1** Open the calendar invite that you received and click on the **Join Zoom Meeting** link.

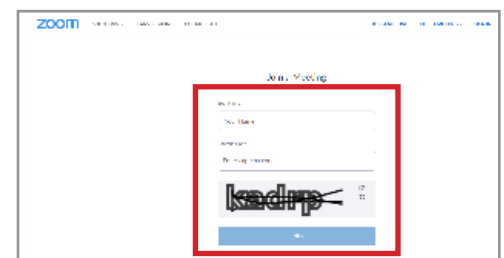
**2** If you see this message, click **Cancel**.



**3** Click **Join from your browser**.



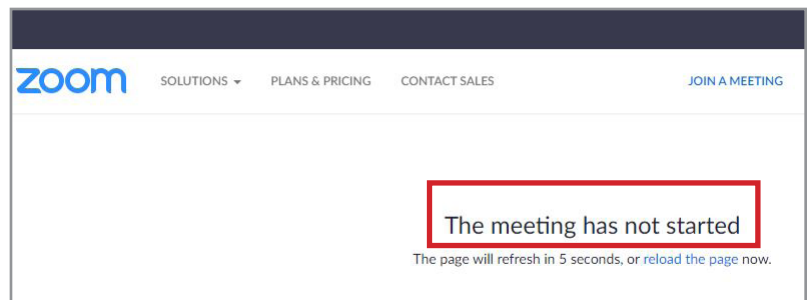
**4** Enter your first and last name and the Captcha code and then click **Join**.



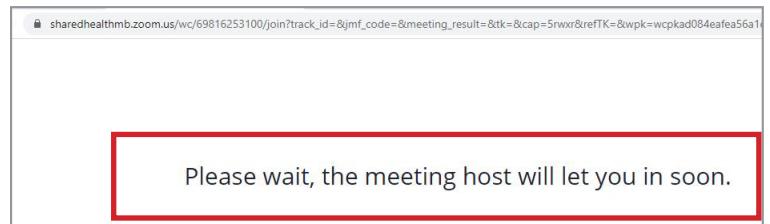
**5** If you join before your provider, you will see this screen until they join.



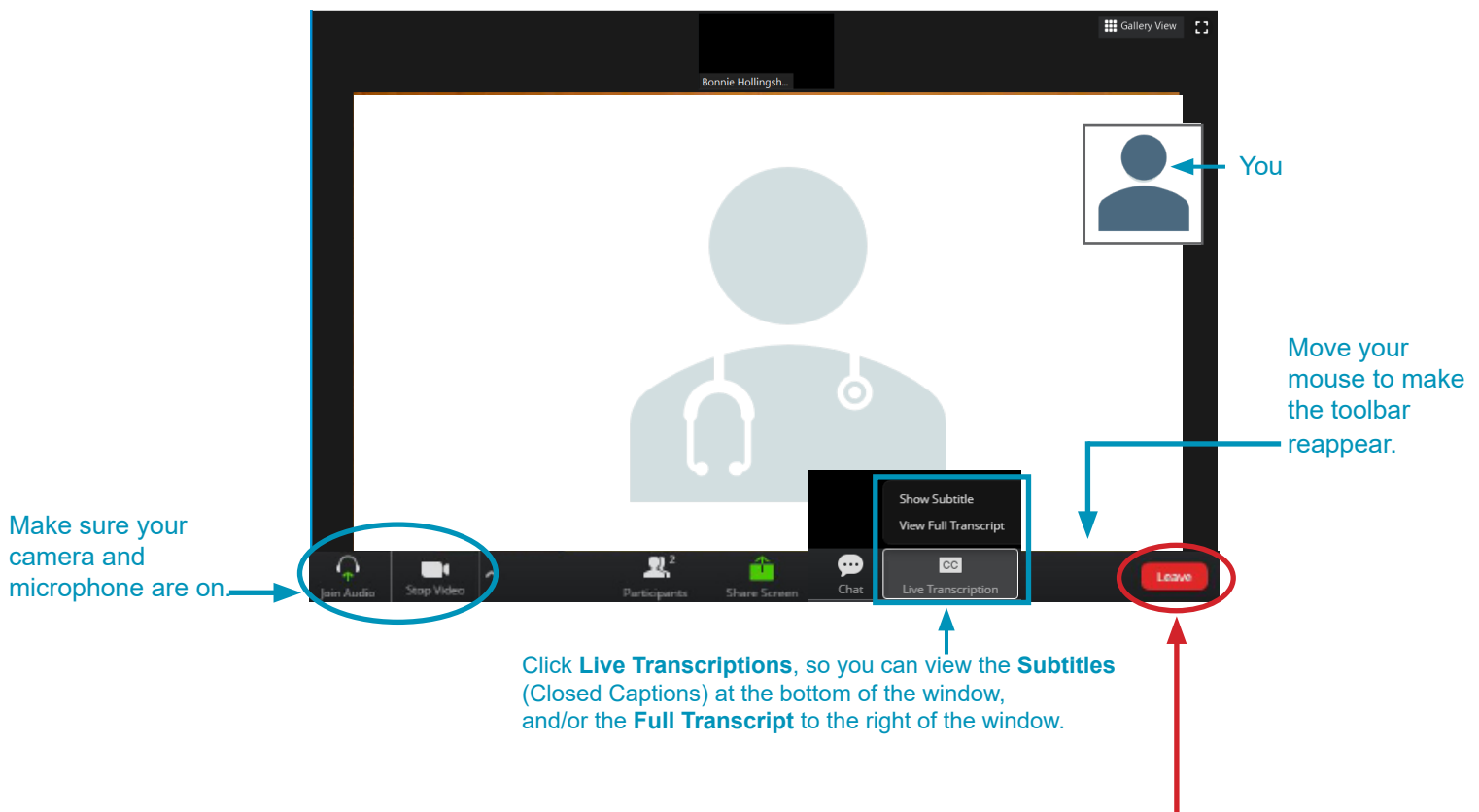
Please be patient, your provider may have a previous appointment that is taking longer than expected.



- 6** Once your provider joins, you will see this screen and the meeting will start shortly.



- 7** This is how it looks once the provider connects with you.  
You will see them on your screen and you will see a small image of yourself as well.



- 8** Click **Leave**, and then **Leave Meeting** (the provider may have already ended the meeting).



**BE PRIVACY-WISE** Always use Zoom for Healthcare in an appropriate and confidential location.