



## What is Telehealth?

**MBTelehealth uses a secure link to provide video conferencing for health-care services, continuing education, meetings and family visits between communities across Manitoba.**

**MBTelehealth allows you to see, hear and talk to a health-care provider on a television screen. The person at the other end will also be able to see, hear and talk to you.**

**MBTelehealth**

**See, hear and talk with health-care providers in real time**

[www.mbtelehealth.ca](http://www.mbtelehealth.ca)

**Manitoba Health**  
Health. Connected.®

## Why use telehealth?

Telehealth can improve access to health-care services that may not be available in your community. This may reduce the time spent away from home and work. It may reduce stress and costs for you because you can attend the appointment at a health facility in or near your community or region. This may save you the time and expense of long distance travel to get care.

Televisitation can connect you to a family member who is on an extended stay in hospital.

## Is my MBTelehealth session safe and secure?

MBTelehealth is committed to maintaining the privacy of your personal health information at your local site and in any transfer of information to other health-care providers.

You will be introduced to all individuals that are present at the local site and the distant site. Each person in the video appointment will explain their role in your health care before your appointment begins. You have the right to request that non-essential people are excluded from your appointment.

Any information about you or your health that is collected, recorded, stored, used or disclosed will be done in accordance with The Personal Health Information Act (PHIA) of Manitoba.

## How is my telehealth appointment booked?

Your local health-care provider will send an appointment request to another health-care provider and suggest that your appointment could be done through telehealth. You may also suggest the appointment be done through telehealth when you are discussing the appointment request with your local health-care provider. If the provider agrees, then an appointment will be booked and you will be notified with further instructions from the health-care provider.



## What happens the day of the appointment?

On the day of your appointment, you will go to the health facility where the telehealth equipment is located. You will be shown how the equipment works and have any questions answered. Family members or a friend may be present with you if you wish and the health-care provider agrees. You can choose to stop your appointment at any time and arrange to see the health-care provider face to face. The provider will follow up with your local health-care provider with details of your visit, just as they would with an in-person visit.

**MBTelehealth**  
Bringing health care closer to home

To see where MBTelehealth is available or for more information visit our website at:

[www.mbtelehealth.ca](http://www.mbtelehealth.ca)