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Quebec does not participate in the inter-provincial reciprocal billing agreement for physician services. Therefore, specialists are unable to provide eConsult services for Quebec patients.

Adult Allergy and Immunology

Service Description

This service will be provided by Dr. Colin Barber, Adult Allergist and Clinical Immunologist, at the Health Sciences Centre using the MBTelehealth eConsult (Store and Forward) application. Dr. Barber may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only for the management of non-urgent allergic and immunologic conditions or illnesses such as urticaria, angioedema, food allergy, rhinitis or other sinonasal complaints, asthma, chronic cough, drug allergy, venom allergy, mastocytosis, or immunodeficiency.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Any non-urgent allergic and immunologic conditions or illness such as:
 - Urticaria
 - Angioedema
 - Food allergy
 - Rhinitis or other sinonasal complaints
 - Asthma
 - Chronic cough
 - Drug allergy
 - Venom allergy
 - Mastocytosis
 - Immunodeficiency
- ✓ Adult patients
- ✓ Non-urgent referrals

Exclusion Conditions

- ✗ Pediatric patients
- ✗ Urgent referrals

(see next page)

Attachment Guidelines

- Relevant Investigations are not mandatory, but useful if available:
 - For asthma - Pulmonary Function Testing, Spirometry, CBC, IgE
 - For angioedema - C4, C1 esterase level
 - For anaphylaxis and mastocytosis - Tryptase level
 - For immunodeficiency - CBC, IgG, IgA, IgM, Complement levels, Vaccine titres, HIV, A1c, SPEP, Free light chains
- Photographs:
 - Suggested but not required for angioedema or urticaria consultations
 - Preferably 3 photos submitted as outlined below:

1 “Anatomic part” image

Shows the anatomic part involved. (e.g. from arm to hand)



2 Close up image

As close to having the affected area fill the frame as possible. (e.g. the forearm with the affected area)



3 Close up 45 degree image

Fills the frame at 45 degrees. (e.g. 45 degree image of the forearm showing the height of the affected area)



Adult Endocrinology

Service Description

This service will be provided by Dr. Sowmya Narasimhan, Endocrinologist, at the Health Sciences Centre using the MBTelehealth eConsult (Store and Forward) application. Dr. Narasimhan may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only for the management of non-urgent endocrinological issues. This service is available to all eConsult referring sites. The primary care of the patient will remain with the referring provider.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Endocrinological issues
- ✓ Adult patients
- ✓ Non-urgent consult requests

Exclusion Conditions

- × Diabetic ketoacidosis (DKA)
- × Severe hypoglycemia
- × Neurosurgical emergencies in pituitary tumors
- × Thyroid storm
- × Complications of diabetes that require in-person assessment such as diabetic foot infection, diabetic vision related issues
- × Severe hypercalcemia
- × Endocrine issues complicating pregnancy
- × Adrenal crisis
- × Pediatric patients
- × Urgent referrals

Attachment Guidelines

Any relevant laboratory results such as:

- Lipid profile
- Creatinine
- TSH
- Liver enzymes
- CK
- A1c

Adult General Internal Medicine

Service Description

This service will be provided by Dr. Stephen Goulet, Internal Medicine Specialist, at the Victoria General Hospital – Adult Medicine Clinic using the MBTelehealth eConsult (Store and Forward) application. Dr. Goulet may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only, for the management of non-urgent general internal medicine related illnesses. In addition to general Internal Medicine questions, consults pertaining to, but not limited to fibromyalgia, chronic fatigue, irritable bowel syndrome, somatoform conditions or related conditions will also be considered.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Adult patients
- ✓ Non-urgent referrals
- ✓ General Internal Medicine questions
- ✓ Fibromyalgia
- ✓ Chronic Fatigue Syndrome
- ✓ Irritable bowel syndrome
- ✓ Somatoform conditions or related conditions

Exclusion Conditions

- x Pediatric patients
- x Urgent referrals

Attachment Guidelines

- Labs and imaging pertinent to the referral question are mandatory
- Consultant letters pertinent to the referral question; including consults from alternative health practitioners are optional

Adult General Psychiatry - Dr. Cory Kowal

Service Description

This service will be provided by Dr. Cory Kowal, General Psychiatrist, at the Health Sciences Centre using the MBTelehealth eConsult (Store and Forward) application. The psychiatrist may provide a diagnosis and treatment plan based on relevant history, assessments, and physical findings. This service is available to adult patients for the management of non-urgent psychiatric illnesses including, but not limited to Anxiety Disorders, Depression, PTSD, Somatization, Psychotic Illness.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Adult patients
- ✓ Non-urgent consult referrals

Exclusion Conditions

- x Acute delirium, acute withdrawal, or requiring acute medical intervention
- x Child/ Adolescent patients
- x Urgent referrals

Attachment Guidelines

- Discharge summaries related to psychiatric admissions and prior assessments

Adult Infectious Diseases - Dr. John Embil

Service Description

This service will be provided by Dr. John Embil, Infectious Diseases Specialist, at the Health Sciences Centre using the MBTelehealth eConsult (Store and Forward) application. Dr. Embil may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients for the management of non-urgent infectious diseases including, but not limited to; abscesses, infections, pressure ulcers and lesions.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Adult patients only
- ✓ Any infectious diseases illness/condition - including but not limited to; abscesses, infections, pressure ulcers and lesions
- ✓ Non-urgent referrals

Exclusion Conditions

- ✗ Pediatric patients
- ✗ Urgent referrals

Attachment Guidelines

There are three photos required per area involved:

1 "Anatomic part" image

Shows the anatomic part involved. (e.g. from arm to hand)



2 Close up image

As close to having the affected area fill the frame as possible. (e.g. the forearm with the affected area)



3 Close up 45 degree image

Fills the frame at 45 degrees. (e.g. 45 degree image of the forearm showing the height of the affected area)



Adult Infectious Diseases - Dr. Amila Heendeniya

Service Description

This service will be provided by Dr. Amila Heendeniya, Infectious Diseases Specialist, at the Grace General Hospital using the MBTelehealth eConsult (Store and Forward) application. Dr. Heendeniya may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only for the management of non-urgent infectious diseases conditions or illnesses such as recurrent cellulitis, recurrent UTI, infected wounds, sacral ulcers, and diabetic ulcers.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Sacral ulcers
- ✓ Diabetic/venous foot ulcers
- ✓ Recurrent cellulitis
- ✓ Recurrent UTIs
- ✓ Any non-urgent infectious diseases conditions or illness
- ✓ Adult patients
- ✓ Non-urgent referrals

Exclusion Conditions

- x Pediatric patients
- x Urgent referrals

(see next page)

Attachment Guidelines

- CBC, Electrolytes, Creatinine, Liver Function Tests
- Microbiology results
- Imaging results
- Any other pertinent documents
- There are three photos required per area involved:

1 “Anatomic part” image

Shows the anatomic part involved. (e.g. from arm to hand)



2 Close up image

As close to having the affected area fill the frame as possible. (e.g. the forearm with the affected area)



3 Close up 45 degree image

Fills the frame at 45 degrees. (e.g. 45 degree image of the forearm showing the height of the affected area)



Adult Infectious Diseases - Dr. Laura Hermann

Service Description

This service will be provided by Dr. Laura Hermann, a Winnipeg community Infectious Diseases specialist using the MBTelehealth eConsult (Store and Forward) application. Dr. Laura Hermann may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only for the management of non-urgent infectious diseases including, but not limited to infected wounds, abscesses, cellulitis, recurrent UTIs and evaluation of immune compromised patients.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Adult patients
- ✓ Non-urgent referrals
- ✓ Any infectious disease or condition including, but not limited to:
 - Skin and soft tissue infections (cellulitis, wound infections, abscesses, etc.)
 - Diabetic/venous foot ulcers
 - Recurrent UTIs
 - Post-travel infections
 - Subacute septic arthritis or prosthetic joint infections
 - Immune compromised patients

Exclusion Conditions

- ✗ Urgent referrals
- ✗ Pediatric patients
- ✗ HIV
- ✗ Viral Hepatitis
- ✗ STIs
- ✗ Tickborne illnesses

(see next page)

Attachment Guidelines

- Microbiology (culture) results
- Imaging results
- Pertinent laboratory results, eg. CBC, electrolytes, creatinine, hepatic panel, serology
- Any other pertinent documents or referrals to other specialists
- Photographs (preferably 3 photos submitted as outlined below)

1 “Anatomic part” image

Shows the anatomic part involved. (e.g. from arm to hand)



2 Close up image

As close to having the affected area fill the frame as possible. (e.g. the forearm with the affected area)



3 Close up 45 degree image

Fills the frame at 45 degrees. (e.g. 45 degree image of the forearm showing the height of the affected area)



Adult Substance Misuse and Medical Cannabis

Dr. Shelley Turner

Service Description

This service will be provided by Dr. Shelley Turner, Chief Medical Officer at Ekosi Health Centre, using MBTelehealth eConsult (Store and Forward) application. Dr. Turner will provide management plan for non-urgent Substance Misuse ORT & Medical Cannabis based on relevant patient history. This service is available for all eConsult referring sites. The primary care of the patient will remain with the referring provider.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Substance Misuse ORT
- ✓ Medical Cannabis (Cannabinoid Therapy)
- ✓ Chronic non-cancer pain
- ✓ Pain Management support for those undergoing cancer treatment
- ✓ Insomnia
- ✓ Harm Reduction

Exclusion Conditions

- ✗ Urgent referral
- ✗ Pediatric patients <19 years of age

Attachment Guidelines

- None

Adult Urology - Dr. Sabeer Rehria

Service Description

This service will be provided by Dr. Sabeer Rehria, urologic surgeon, at the Deer Lodge Centre, Grace Hospital, Victoria Hospital and Cancer Care Manitoba - Prostate Centre using the MBTelehealth eConsult (Store and Forward) application. Dr. Sabeer Rehria may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only for the management of non-urgent urologic related illnesses including, but not limited to benign prostatic hypertrophy, prostate cancer, kidney tumors, bladder tumors, hematuria, nephrolithiasis/stones and urinary retention.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Benign prostatic hypertrophy
- ✓ Prostate cancer
- ✓ Kidney tumors
- ✓ Bladder tumors
- ✓ Hematuria
- ✓ Nephrolithiasis/ stones
- ✓ Urinary retention
- ✓ Adult patients
- ✓ Non-urgent referrals

Exclusion Conditions

- x Pediatric patients
- x Urgent referrals

Attachment Guidelines

- Any investigations related to the issue.

Cardiology - Dr. Bushidi

Service Description

This service will be provided by Dr. Bushidi, Cardiologist, at the Bushidi Heart Clinic in Brandon using the MBTelehealth Store and Forward (SAF) application. Dr. Bushidi may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only (18 years plus) for the management of specific cardiac medical conditions.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Specific cardiac medical issues
- ✓ Patient not needing an immediate in person cardiology consult
- ✓ Adult patients (18 years plus)

Exclusion Conditions

- ✗ Pediatric patients
- ✗ Urgent referrals
- ✗ Non cardiac medical issues

Attachment Guidelines

- EKG Tracing
- Recent cardiology investigations that are available

Dermatology

- !** You **MUST** provide a valid **PHIN and Provincial Health Number** before submitting a referral. eConsult (Store and Forward) is **NOT** appropriate if the patient does not have a valid PHIN or Provincial Health Number. If a valid PHIN or Provincial Health Number is not available you must follow the referral process for a face to face specialist appointment.

Exclusions

Dr. Hurst

- × Scalp (unless bald)
- × Genitals
- × Full body rash
- × Urgent referrals

Dr. Keddy-Grant

- × Scalp (unless bald)
- × Adult patients
- × Urgent referrals

Photograph Guidelines

There are three photos required per area involved:

1 “Anatomic part” image

Shows the anatomic part involved. (e.g. from arm to hand)



2 Close up image

As close to having the affected area fill the frame as possible. (e.g. the forearm with the affected area)



3 Close up 45 degree image

Fills the frame at 45 degrees. (e.g. 45 degree image of the forearm showing the height of the affected area)



Photo Management

- ✓ The photos will be taken with an approved digital camera and then uploaded to the eConsult (Store and Forward) referral via the USB cable provided with the camera.
- ✓ Once the photos are uploaded a short description of each image should be provided. This helps to identify the image for the specialist.
- ✓ Please delete all pictures from the camera following submission of the referral.

Additional Attachment Guidelines

- ✓ Additional attachments (other than images) can also be added to the eConsult (Store and Forward) referral when required. These attachments are added in the same manner as images.
- ✓ The user should double check that the attachments open properly and the images are suitable within the MBT scheduling system before sending notification of the new referral to the specialist.
- ✓ There is no maximum number of attachments for a referral but only 3 attachments can be added to a referral at the same time.

Geriatric Medicine - WRHA

Service Description

This service will be provided by the Geriatric Medicine specialists of the WRHA using the MBTelehealth eConsult (Store and Forward) application. The specialist group may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients over the age of 65 for the management of non-urgent conditions included but not limited to: cognitive impairment and dementia, behavioral and psychological symptoms of dementia, polypharmacy, falls, and multimorbidity. This service is available to eConsult referring sites in all regions except the Prairie Mountain Health Region.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Non-urgent consult requests
- ✓ Adult patients (≥ 65 years old) under the care of a primary care provider with conditions including but not limited to:
 - Cognitive impairment and dementia (before, during, and after diagnosis)
 - Behavioral and psychological symptoms of dementia
 - Polypharmacy
 - Falls
 - Multimorbidity
 - Frail patients (e.g. functional independence starting to be affected by one or more comorbidities)

Exclusion Conditions

- ✗ Urgent consult requests
- ✗ Adults younger than age 65 and pediatric patients
- ✗ Acute changes in cognition (e.g. delirium)
- ✗ Robust adults without functional impact of symptoms
- ✗ Psychological symptoms putting the patient or others at risk

Attachment Guidelines

All attachments are strongly recommended.

- Current list of medications, including over the counter medications.
- If referral question involves cognitive impairment/dementia:
 - Cognitive testing scores (e.g. MMSE, MOCA)
 - Relevant neuroimaging reports (CT, MRI)
- Include recent bloodwork if relevant (e.g. Serum electrolytes, calcium, Ur/Cr, TSH, B12)

Nephrology - Dr. Jay Hingwala (HSC)

Service Description

This service will be provided by Dr. Jay Hingwala, a Nephrology specialist at the Health Sciences Center using the MBTelehealth eConsult (Store and Forward) application. Dr. Hingwala may provide a diagnosis and treatment plan based on relevant history, physical findings, and diagnostic investigations. This service is available only for the management of non-emergent kidney-related illnesses.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Refer to the [Kidney Health Referral Pathway](#) (Risk of <10% at 5 years)
- ✓ Single issue questions, including but not limited to:
 - optimal drug choices and dosing in chronic kidney disease (CKD)
 - workup of acute kidney injury (AKI)
 - general guidance for patients with early stage CKD or those at low risk of CKD progression
 - imaging related questions
 - proteinuria workup
- ✓ Non-urgent referrals

Exclusion Conditions

- x eGFR <15
- x Life-threatening electrolyte imbalances
- x Kidney Health Referral Pathway - Risk of >10% at 5 years
- x Urgent referrals

Attachment Guidelines

- Medication list
- Previous eGFR value(s)
- Previous Albumin/Creatinine Ratio (ACR) value(s)
- Previous renal imaging (MRI, Ultrasound or CT)

Ophthalmology - Dr. Frank Stockl

Service Description

This service will be provided by Dr. Frank Stockl, Vitreo-retinal Surgeon, at the Manitoba Clinic using the MBTelehealth eConsult (Store and Forward) application for two specialties; General Practitioners and Optometrists. Dr. Stockl may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only for the management of non-urgent ophthalmological related illnesses including, but not limited to external diseases, corneal diseases, glaucoma, oculoplastic conditions, retinal conditions and uveitis. If you are inquiring about an ophthalmological mass, please attach an image with your eConsult.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ External diseases
- ✓ Corneal diseases
- ✓ Glaucoma
- ✓ Oculoplastic conditions
- ✓ Retinal conditions
- ✓ Uveitis
- ✓ Adult patients
- ✓ Non-urgent referrals

Exclusion Conditions

- x Pediatric patients
- x Urgent referrals

Attachment Guidelines

All attachments are optional:

- Fundus photograph
- IOL Master
- OCT
- Visual Fields

Orthopedics

Service Description

This service will be provided by the Manitoba Orthopedic Trauma Group (MOTG) at Health Sciences Centre (HSC) using the MBTelehealth Store and Forward (SAF) application. The MOTG group will provide diagnosis and support at a distance in the management of non-urgent musculoskeletal (MSK) injuries based on x-ray images and concise relevant history and physical findings. They may also offer rehabilitation advice where applicable. The primary care of the patient will remain with the referring provider.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Criteria Orthopedic eConsult

- ✓ All patients with a musculoskeletal injury, who have already received initial emergency management and do not need urgent transfer for additional care
- ✓ All patients who require additional X-ray interpretation by an MSK specialist
- ✓ All patients who require additional advice for an MSK injury
- ✓ Non-urgent referrals

Exclusion Criteria for Orthopedic eConsult

- ✗ Patients with neurovascular compromise
- ✗ Patients under the age of 17 years
- ✗ Spine injuries
- ✗ Open injuries
- ✗ Hand injuries
- ✗ Infections
- ✗ Urgent referrals

Photograph Guidelines

- ✓ Images of the standard X-ray (trauma series) of the injured extremity or joint.

Documentation Note

The MOTG group will not maintain a record for any patient they do not see. The referring provider/site is responsible for maintaining a copy of the completed consult from the MBTelehealth Store and Forward (SAF) application based on the site's documentation procedures.

Otolaryngology

Service Description

This service will be provided by Dr. Bernard Thess and Dr. Michael Gousseau, Otolaryngologists, at the Portage Clinic using the MBTelehealth eConsult (Store and Forward) application. Dr. Thess or Dr. Gousseau may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to both adult and pediatric patients for the management of specific ear, nose, and throat conditions.

Guidelines

A request may be completed if a patient has any of the following conditions and meets additional criteria:

Inclusion Conditions

- ✓ Ear infections
- ✓ Hearing loss
- ✓ Tonsillitis
- ✓ Sleep apnea/sleep disordered breathing
- ✓ Facial skin lesions on the ears, nose, face and neck
- ✓ Chronic sinusitis in adults
- ✓ Ear deformity in patients 16 years of age and under
- ✓ Non-urgent referrals

Exclusion Conditions

- x Swallowing disorders
- x Hoarseness
- x Voice disorders
- x Neck or thyroid mass
- x Vertigo
- x Facial trauma
- x Urgent referrals

Attachment Guidelines

Hearing loss (adult and pediatric): Hearing test results are required.

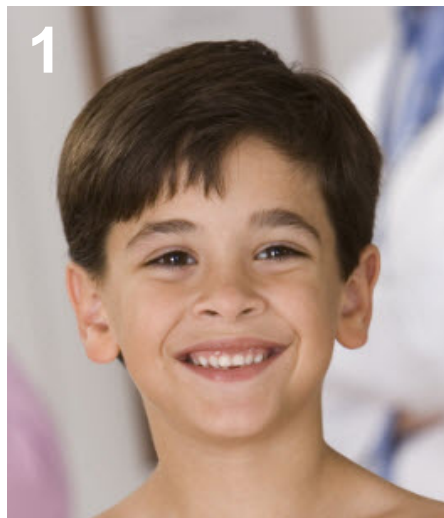
Chronic sinusitis in adults: CT scan results are required.

Ear infection adults: Hearing test results are required.

(see next page)

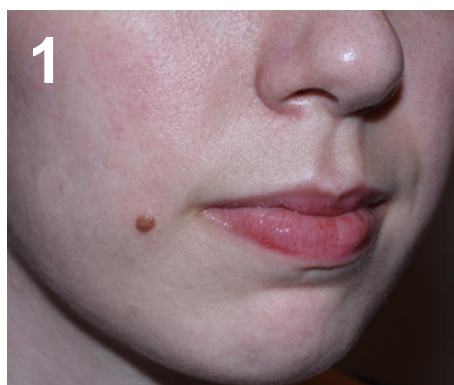
Ear deformities pediatric (age 16 years and under): 2 pictures are required.

1. Full face (frontal view) – nose should be pointing directly towards the camera with equal amounts of both sides of the face in the picture.
2. Top of head – hair should be pulled back so that the ears are visible.



Lesion removal adults: Previous pathology if applicable and 2 pictures are required.

1. Anatomical image – showing the anatomical part involved (face, neck or ear).
2. A close up image - as close to having the lesion fill the frame as possible.



Sleep apnea in adults: Picture of inside of the patient's mouth and a sleep study result are required.



Pediatric Concussion

Service Description

The Pan Am Concussion Program is a provincial government funded program located at the Bell MTS Iceplex in Winnipeg, Manitoba that is devoted to the multi-disciplinary care of children and adolescent with concussion and traumatic brain injury. This service will be provided by Dr. Michael Ellis, Neurosurgeon, out of the Pan Am Concussion Program using the MBTelehealth eConsult (Store and Forward) application. Dr. Ellis may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to child and adolescent patients for the management of concussion and traumatic brain injury.

Note: This program is not to be used for children and adolescents with suspected acute traumatic brain and spine injuries that require emergency medical assessment. It is also not to be used for general neurosurgery consultations.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Criteria

- ✓ Patient age 19 years or younger
- ✓ Patients with head injuries, sport- or non-sport related concussion
- ✓ All patients with acute concussion or persistent post-concussion symptoms who have already undergone initial emergency or medical assessment by a physician, nurse practitioner or nurse
- ✓ Non-urgent referrals

Exclusion Criteria

- ✗ Patients who require urgent transfer for emergency medical assessment
- ✗ Urgent referrals

Patients with positive findings on diagnostic imaging (intracranial hemorrhage, skull fracture, spine fractures) or those who may require additional diagnostic imaging or tests should be referred to the Pan Am Concussion Program for initial consultation via an in-person or videoconferencing appointment.

(see next page)

Attachment Guidelines

- ✓ CT brain (attach report) – if applicable
- ✓ Spine X-ray (attach report) – if applicable
- ✓ Skull X-ray (attach report) – if applicable
- ✓ MRI brain (attach report) – if applicable

Documentation Note

It is the responsibility of the referring health-care provider to maintain a copy of the completed eConsult referral from the MBTelehealth eConsult application based on the site's documentation procedures.

Pediatric Neurology - Dr. Kristina Joyal

Service Description

This service will be provided by Dr. Kristina Joyal, Pediatric Neurologist, at the Winnipeg Clinic using the MBTelehealth eConsult (Store and Forward) application. Dr. Kristina Joyal may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to pediatric patients only for the management of non-urgent neurologic-related illnesses including, but not limited to seizures, headaches, developmental delay, tics, brain malformations, carpal tunnel syndrome & foot drop.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Seizures, headaches, developmental delay, tics, brain malformations, carpal tunnel syndrome, foot drop
- ✓ Pediatric patients
- ✓ Non-urgent referrals

Exclusion Conditions

- x Neuromuscular: Isolated gross motor delay, weakness NYD, sensory loss NYD. (requires in-person assessment)
- x Movement disorders (other than tics). (requires in-person assessment)
- x Degenerative disorders / developmental regression. (requires in-person assessment)
- x Behavioral concerns such as ADHD or autism.
- x Adult patients
- x Urgent referrals

Attachment Guidelines

- Physical exam findings:
 - height, weight, head circumference for all
 - fundoscopy for headache questions
 - tone, strength, and deep tendon reflexes
- Any available labs: CBC, extended electrolytes, glucose, TSH, Vitamin B12, CK, lactate
- Any available genetic tests
- Any available CT or MRI images/reports:
 - required for brain malformations
- Any available EEG or NCS/EMG studies

Plastic Surgery - Hand and Facial Trauma (Health Sciences Centre)

Service Description

This service will be provided by Dr. Christian Petropolis and Dr. Leif Sigurdson, Plastic Surgeons at Health Sciences Centre, using the MBTelehealth eConsult (Store and Forward) application. Both physicians will provide diagnosis and support at a distance in the management of non-urgent plastic and reconstructive surgery including upper extremity, facial trauma and microsurgery based on x-ray images, concise relevant history, and physical findings. This service is available to all eConsult referring sites. The primary care of the patient will remain with the referring provider.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Facial fractures (patient must be stable)
- ✓ Facial soft tissue injuries (patient must be stable)
- ✓ Hand trauma (patient must be neurovascularly intact)
- ✓ Non-urgent consult requests

Exclusion Conditions

- x Polytrauma
- x Urgent consult requests

Attachment Guidelines

- X-rays or CT are required for mandible fractures
- CT is required for midface, zygoma and orbital fractures
- Photograph of face and close-up of injured area is mandatory for facial soft tissue injuries
- X-rays are required for hand trauma

Sports Injury & Orthopedic Trauma

Service Description

This service will be provided by Dr. Erin Gordey, Orthopedic Surgeon, from CW Wiebe Medical Clinic, using the MBTelehealth eConsult (Store and Forward) application. Dr. Gordey will provide a management plan for non-urgent musculoskeletal (MSK) issues based on relevant history, physical findings and diagnostic images. She may also offer rehabilitation advice where applicable. This service is available to all eConsult referring sites. The primary care of the patient will remain with the referring provider.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ All patients with an MSK concern who do not need urgent transfer for additional care
- ✓ All patients who require additional advice for an MSK injury
- ✓ Non-urgent consult requests

Exclusion Conditions

- x Patients with neurovascular compromise
- x Spine injuries
- x Open injuries
- x Hand injuries
- x Infections
- x Urgent consult requests

Attachment Guidelines

- A standard X-ray of the involved area, if applicable. X-rays (image and/or report) may be attached to the eConsult request or available in PACS.
- An MRI report of the involved area, if applicable.

Documentation Note

Dr. Gordey will not maintain a record for any patient she does not see directly. The referring provider/site is responsible for maintaining a copy of the completed consult from the MBTelehealth eConsult application based on the site's documentation procedures.

Tick Borne Illnesses

Service Description

This service will be provided by Dr. Stephen Goulet, Internal Medicine Specialist, currently based at the Victoria General Hospital – Adult Medicine Clinic using the MBTelehealth eConsult (Store and Forward) application. Dr. Goulet may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult patients only for the management of non-urgent tick borne related illnesses including, but not limited to chronic Lyme disease.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Non-urgent tick borne related illnesses with symptoms > 3 months
- ✓ Chronic Lyme disease
- ✓ Adult patients - Age greater than or equal to 17 years
- ✓ Non-urgent referrals

Exclusion Conditions

- x Acute tick bites
- x Pediatric patients
- x Urgent referrals

Attachment Guidelines

All attachments are strongly recommended.

- Baseline investigations:
 - Borrelia Burgdorferi Antibody Screen at Cadham Provincial Lab (Indicate on requisition if client has traveled to Europe in past 6 months).
 - Syphilis Test: screened by a Treponema Pallidum-specific assay
 - Electrocardiogram (Current within 1 year)

(see next page)

- Current bloodwork (within 6 months):
 - Complete blood count and differential
 - Biochemistry: Sodium, Potassium, Chloride, Urea, Creatinine, Calcium
 - Liver Function / Enzymes: Total Protein, Albumin, Alkaline Phosphatase, ALT, AST
 - Antinuclear Antibody Test, Erythrocyte Sedimentation Rate, C-Reactive Protein
 - Results of lab results from alternative sites (i.e. labs from USA, Germany, Naturopaths etc.), if applicable
- Medication list including all prescription, over the counter, vitamins and herbal supplements
- Timeline specific investigations:
 - Anaplasma Antibody Screen – **Only indicated if symptoms present LESS than 6 months**
 - Babesia Ab Serology – **Only indicated if symptoms present LESS than 12 months**

Vascular Surgery - Dr. Harding

Service Description

This service will be provided by Dr. Harding, Vascular Surgeon, at the Health Sciences Centre using the MBTelehealth Store and Forward (SAF) application. Dr. Harding may provide a diagnosis and treatment plan based on relevant history, physical findings and diagnostic investigations. This service is available to adult and pediatric patients.

Guidelines

A request may be completed if a patient's condition meets the following criteria:

Inclusion Conditions

- ✓ Non-urgent referrals for vascular disease concerns

Exclusion Conditions

- ✗ Urgent referrals (These should be faxed directly to Dr. Harding at 204-787-3201 or Dr. Harding should be paged through Health Science Centre paging at 1-204-787-2071.)
- ✗ Cerebral aneurysms should be referred to Neurosurgery

Attachment Guidelines

- Relevant diagnostic studies